



**POLICE DEPARTMENT  
CITY OF BURLINGTON**

**MEDIA RELEASE**

INCIDENT TYPE:	DATE/TIME REPORTED:	
Disturbance, Disorderly Conduct	06/05/2019 2228	
INCIDENT NUMBER:	LOCATION:	
19BU011402	North Beach campground	
AUTHOR:	APPROVED BY:	
DC Murad	Chief del Pozo	
SUSPECT:	AGE:	SUSPECT ADDRESS:
Cory MacDonald-Plowden	26	Winooski
SUSPECT DISPOSITION:		
Cited for Disorderly Conduct		

**NARRATIVE:**

At approximately 2228, officers responded to North Beach for reports of a man who was allegedly trying to overdose on prescription medication and had tried to light a car on fire. North Beach security personnel indicated that the man had stated that if police came he would fight with them. Officers encountered a screaming man, identified as Cory MacDonald-Plowden, 26, at one of the campsites. In a light rain, illuminated largely by police cruiser headlights and takedown lights, they entered into a thirty-minute stand-off. A supervisor on scene requested and staged the Burlington Fire Department, in the event of any injuries to officers or the subject.

During the standoff, Mr. MacDonald-Plowden repeatedly threatened officers and attempted to goad them into shooting him, screaming "Shoot me! Shoot me!" and "Let's go! Bring 'em! I'm ready!" Mr. MacDonald-Plowden stated several times that he was ready to die, and removed his shirt and began shifting his body weight back and forth in a manner consistent with pre-assaultive cues. He further stated that he was going to get a knife out of the tent and stab officers with it. He also stated that he was going to take one of the officers to the ground, remove his firearm, and shoot every officer on scene with it.

Officers negotiated with him throughout the encounter, using de-escalation techniques. The lead negotiator, Corporal Ellerman, elicited from Mr. MacDonald-Plowden a confirmation that he had taken multiple doses of prescription medication and consumed a bottle of wine. Nevertheless, despite the negotiation efforts, Mr. MacDonald-Plowden was non-compliant. Supervisors on scene assessed that an officer with a tactical position could deploy an electronic control device,



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or TASER, and take the subject into custody. An officer who had moved behind Mr. MacDonald-Plowden discharged his TASER but the device failed to deploy its probes, and the subject was not struck. The sound of the electric arcing frightened the subject, however, and he immediately lay on the ground and was taken into custody.

The Burlington Fire Department removed Mr. MacDonald-Plowden to the UVM medical center under police escort, and he was cited for disorderly conduct.

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