



POLICE DEPARTMENT
CITY OF BURLINGTON

MEDIA RELEASE

October 24, 2023

October is National Domestic Violence Awareness and Prevention Month. Nationally, one in three women and one in four men have experienced intimate partner violence. The economic toll that domestic violence takes has been estimated recently at \$3 trillion in lifetime cost, and it affects more than 10 million people each year. The World Health Organization calls it "a major public health problem."

Intimate partner violence is not always easy to spot, and physical violence is only one tactic employed by abusers. Often victims report experiencing a combination of isolation, financial abuse, emotional abuse, sexual abuse, and other control tactics. These tactics can be difficult to spot from outside the relationship, but learning about and confronting these issues offers hope for victims.

To help end intimate partner violence, we ask you to join us in raising awareness about intimate partner violence by doing [#1Thing](#). Tell a friend, post on social media, check out some resources, check on a neighbor, just do #1Thing to help us change lives.

Please visit the following websites for additional resources:

- BPD's Crisis, Advocacy, Intervention Programs (CAIP)
<https://www.burlingtonvt.gov/police/CAIP>
- National Domestic Violence Hotline | <https://www.thehotline.org/>
- Steps to End Domestic Violence | <https://www.stepsvt.org/>
- Vermont Network | <https://www.vtnetwork.org/>
- Hope Works, Inc. | <https://hopeworksvt.org/>
- SAMHSA, Substance Abuse and Mental Health Services Administration
<https://www.samhsa.gov/find-help/national-helpline>

Information is preliminary and subject to change.

ANTONIO B. POMERLEAU BUILDING • ONE NORTH AVENUE • BURLINGTON, VT 05401