THE YMCA + BTV

The City of Burlington and the Greater Burlington YMCA share a vision to strengthen our community and ensure that everyone has the opportunity to thrive. We are excited to partner to help employees take an important step to better health.

YMCA MEMBERSHIPS FOR BURLINGTON CITY EMPLOYEES

The City of Burlington works with the Greater Burlington YMCA to provide yearly membership to employees at a 5% discount. Signing up for a Y membership allows access to reduced rates through use of your Wellness Bonus, as well as a regular payroll deduction — making joining the Y easy on you and your wallet! Gym Membership enrollment occurs twice per year, January 1 and July 1. **Now's a great time to get started!**

Upon joining, you'll have full use of our state-of-the-art facility that opened in 2020. This includes:

- Bright, inviting, and spacious weight, cardio, and fitness area with top-of-the-line equipment
- A light-filled aquatics center with two separate pools — including a lap pool, an 86° program pool, and co-ed sauna
- Three locker rooms: A universal locker room (not gender-specific) with private changing/shower suites, and men's and women's locker rooms
- Mixed use gym: basketball, volleyball, family recreation
- Fully ADA compliant facility with an elevator, universally accessible design, lift chairs for the pools, and accessible weight and cardio equipment on the fitness floor
- Wide assortment of group fitness classes, from Aqua Aerobics to Zumba (and Yoga on the Dock at the Community Sailing Center)
- Members receive discounts and early registration on swim lessons and youth fitness programs, as well as discounted prices on personal training
- Free access to most Y's across the country through the Y-USA's Nationwide Membership program
- Common ground for people from all across the community
- Much more, all included in your low monthly fee

Interested? Stop by the Y at 298 College Street, Burlington, or contact Matt Roeder, Director of Member Engagement by email at mroeder@gbymca.org or by calling 652-8162.

gbymca.org